



ADTC - The **ULTIMATE** Overnight Dance Camp!

American Dance Training Camps COVID-19 GUIDELINES*

** Current as of 5/1/21. Subject to change as CDC/ACA & local health guidelines are updated towards summer.*

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Updated May 1, 2021

Dear ADTC Families,

The safety and health of our campers, families and staff is always our highest priority. We're thrilled to be returning to in-person operations for Summer 2021. This year more than any other, we're starved for the social, emotional & physical benefits of camp.

While zero risk isn't possible, we feel confident in the multilayered safety approach we outline in this Reopening Plan. At ADTC, we anticipate 1) asking all families to provide us with a negative PCR test taken within 72 hours of arriving at camp,, and 2) having our nurse administer rapid antigen tests (15 min results) to all campers/staff during health screenings at check-in. We're excited to be working with [Crest Diagnostics](#), a company that provides COVID testing programs for overnight camps.

We're also prepared to move more activities outside, mask when necessary, and have our dance "teams" function like cohorts. We'll offer fun on-site "field trips" as alternatives to any afternoon excursions we may need to cancel. And as of now, we're planning to limit enrollment to 75% capacity. Although there may be alterations to our schedule, meals, and the way we congregate, we're dedicated to providing the social (and dance) experience our girls need now more than ever.

ADTC is also asking all 2021 camper families to limit their risk of exposure to the virus in the 14 days prior to arrival at camp. Please wear a mask in public spaces, practice physical distancing outside the home, and adhere to excellent hygiene. Whenever possible, campers should limit contact to immediate family members only.

More than any other time in our 18 year history, each of our actions will impact the whole. We must commit to behaviors that support being together in a residential setting again. When we shift our perspective this way, upholding the ADTC Family Code of Conduct (page 7) should feel easy if it means we can dance & live together in person this summer.

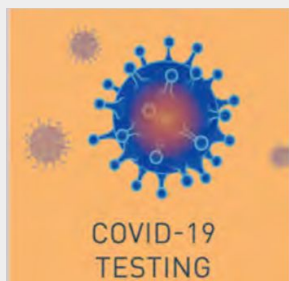
These COVID-19 Guidelines are current as of May 1, 2021. Policies could change in the coming months based on evolving guidance from health officials. Please check back here regularly - we may be able to loosen some of the measures below by this summer.

We SO appreciate your patience and flexibility. If you have questions not covered here, please call 866-383-ADTC (2382) or email me at L.fadner@danceadtc.com. We cannot wait to see our ADTC campers & staff in-person for our 19th summer of dance, adventure, new friends & fun. Sending my best wishes to you and your family!

Very Truly Yours,

A handwritten signature in black ink, appearing to read 'Lindsey Fadner'.

Lindsey Fadner, ADTC Owner/Founder



COVID-19 Testing

All campers will 1) provide us with a negative PCR test the week before camp, and 2) provide us with a negative rapid antigen test (15 min results) administered at check-in.



Masking

Masks will be required when w/ campers & staff from a different cohort. Masks are NOT required when w/ your cohort - in rooms or while dancing (see page 5).



Hand Washing

Opportunities to wash hands is built into camp schedule and will become part of our routine; hand sanitizer will be widely available throughout campus.



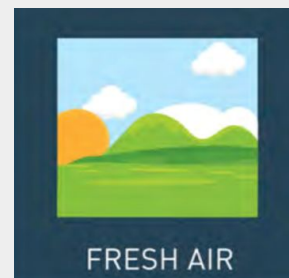
Cohorting

Dance teams will serve as pods or "households." Pods will include one or two small dance groups. Pods live together in dorms w/ limited indoor interaction w/ other pods.



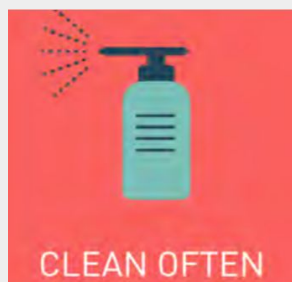
Physical Distancing

Dance group sizes will be limited to create more space in class. Team events & afternoon activities will occur with appropriate distancing.



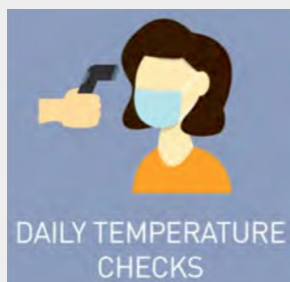
Fresh Air

Dance spaces will utilize fresh air to the greatest extent possible; teachers will be encouraged to use outdoor spaces when feasible.



Cleaning

Increased frequency of cleanings across campus; campers will aid in this process by cleaning personal & shared spaces they use.



Temperature Checks

All campers and staff will have a daily temperature & symptom check with their team leader.



Meals

No buffet-style service. Campers will eat only with their cohorts & maintain distance from other cohorts. Open air dining if possible.

In order to reduce the risk of any camper bringing the virus to camp, we request all campers limit their risk of exposure in the 14 days prior to arrival at ADTC. Please wear a mask in public spaces, practice physical distancing outside the home, and adhere to excellent hygiene. We recommend campers and staff also eliminate nonessential travel, and whenever possible, limit contact to immediate family members only.

And in an effort to minimize illness at camp, we ask that you check on the health of your camper daily beginning 14 days prior to camp. The best camp sessions start with healthy campers and this begins at home. Please bring this completed [Pre-Camp Health Screening Form](#) to camp when you check-in. Campers should not attend camp if experiencing symptoms or if exposed to COVID-19 in the 14 days before prior to camp.

Mask Protocol

In 2021, campers must pack masks & be prepared to wear them during certain times at camp. We'll wear masks when transitioning to dance classes, mealtimes, and activities, and when six feet of distancing from girls outside of our cohort cannot be maintained. Also, for activities that require transportation, masks will need to be worn on board (and the cost may be increased due to needing more buses to transport different cohorts). Campers will **NOT** need to wear a mask while participating in most camp activities, especially outdoors or with their cohort (as long as appropriate distance from other cohorts is maintained).

We recommend campers & staff bring at least 5 non-disposable masks to camp. The masks should:

- Fit snugly but comfortably against the side of the face
- Completely cover the nose and mouth
- Be secured with ties or ear loops
- Include multiple layers of fabric, preferably cotton. Polyester alone is insufficient
- Not have vents or valves
- Allow for breathing without restriction
- Be easily washable & machine dried without damage or change to shape
- Not include any words, pictures or logos that may be deemed inappropriate, toxic or offensive



When a Mask is NOT Required:

- When hanging out or sleeping in your room
- When dancing or hanging out with your cohort (distanced from other cohorts)
- When outside for dance or other activities, distanced from other cohorts
- When eating or drinking

Failure to comply with the ADTC Mask Policy will result in a warning. Continued non-compliance will result in a meeting with the Program Director and disciplinary action.

** Current as of 5/1/21. Subject to change as CDC/ACA & local health guidelines are updated towards summer.*



All campers and staff will have a daily temperature & symptom check with their team leader before breakfast & warm-up. Reporting will be maintained as a confidential medical record. We will test & isolate any camper or staff member who has a fever of 100.4 degrees or higher or who has other symptoms of possible COVID-19 .

If a test is positive, parents will need to make arrangements to pick up the camper that same day. Once a camper tests negative, is asymptomatic for 24 hours, and has medical clearance, they may return to camp.

We will have more specific quarantine and testing requirements for dance group cohorts and staff who were in contact with a COVID positive individual closer to camp.

Health & Safety Protocols

During camper orientation after check-in, we will review the ways we can remain healthy beyond just the ADTC Family Code of Conduct. As much as we want to have things back to “normal” as soon as possible, the reality is that as a community, we have to be clear about our expectations and consequences. We want to present to you upfront what those look like as a result of the pandemic.

Below we share the expectations we have for ADTC campers to support in-person operations and a healthy camp culture this summer.



MASKS: Campers are expected to wear masks during transitions & to enter any buildings on campus, and any public activity space off campus. Masks are also required in any situation where appropriate distance from campers & staff outside our cohort is not maintainable, even if it is outside. Masks are not required when w/ our cohort..



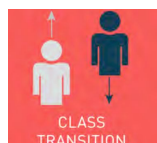
NO WEEKEND SIGN-OUTS OR DAY CAMPERS: Multi-week campers will not be allowed to leave the camp community in between camp sessions this year. Similarly, we will not be able to allow day campers to come and go from campus or allow parents to check out their camper for dinner on Friday before the show this year.



CAMPER DORM ROOMS: Campers are only allowed to enter the hallway where their room is located & visit the dorm rooms of girls in their cohort. Masks must be worn in dorms when not sleeping. Luckily, we're so busy dancing and having fun at ADTC, we will not spend much time in our rooms!



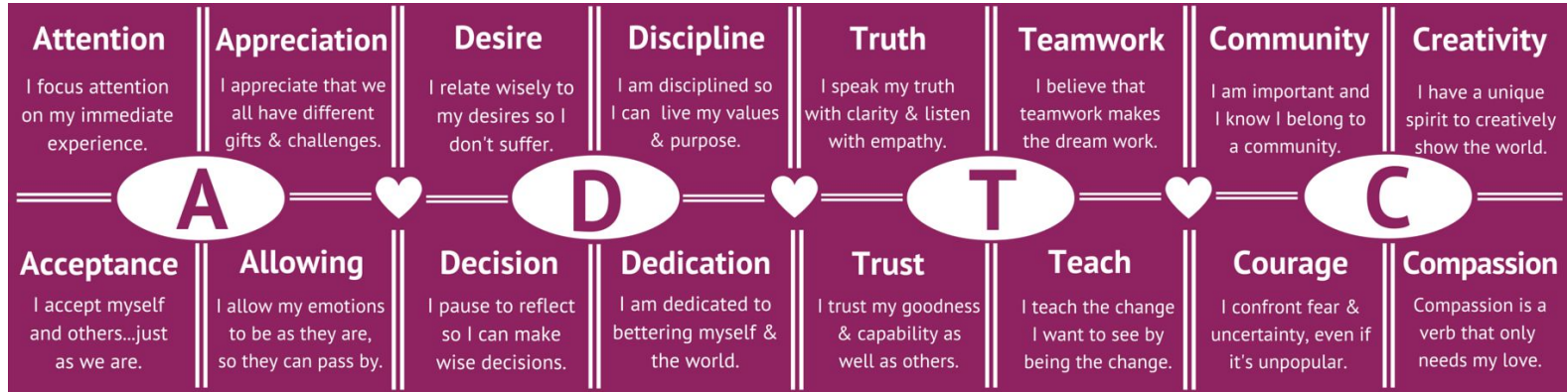
CAMPER ROOM CLEANLINESS: We have always expected campers to maintain clean rooms and common spaces. It is important that campers regularly put away clothes, clean surfaces, etc. Multi-week campers should make plans to wash their bedding & clothing between sessions.



ONE-WAY TRAFFIC: Most hallways within buildings will be one-way; signs will guide the flow of campers & staff around campus.

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We do not just exist by ourselves alone - each of our actions impacts the whole. To be able to provide the ULTIMATE overnight dance camp experience in all of our locations, while mitigating the potential person-to-person transmission of COVID-19 and protecting those most vulnerable to the disease, ADTC puts forth this 2021 Family Code of Conduct. It outlines our behavioral expectations for ADTC campers, staff and families in reopening living, learning, and dancing in-person this summer. By signing below and joining us for camp, you agree to adhere to our rules for physical distancing and to follow the behaviors detailed below. Additionally, you agree to begin adhering to the ADTC Family Code of Conduct during the 14-day period prior to your arrival at camp. All of us in the ADTC community have a responsibility to balance health & safety needs with our A.D.T.C. core values:



I understand, as a member of the ADTC community during the 2021 summer, that I am an important part of ADTC and that we are stronger as a community when we all do our part to keep our community safe. I will do my part to limit the spread of COVID-19 by adopting behaviors that advance our collective ability to reduce the transmission of COVID-19 and make my own health and safety and that of others a priority. I agree to abide by all policies, procedures, and orders related to COVID-19 implemented by the state, county, and ADTC. Specifically, I pledge to:

- Adhere to ADTC's "Pre-Camp Health Protocols" & perform daily camper health checks for 14 days prior to camp.
- In the 14 days prior to arriving at camp, I will avoid large gatherings and environments where people are not observing recommended behaviors, such as wearing masks and practicing physical distancing.
- Complete my first COVID-19 test 72 hours before my arrival at camp.
- Complete my second COVID-19 test w/ the nurse at check-in for my ADTC session.
- Complete a daily health screening w/ temperature & symptom check every day at camp.
- Maintain - whenever feasible - a distance of six feet between myself and any other person, with the understanding that I do not have to maintain six feet distance from my roommate/s.
- Wear a mask inside all campus buildings.
- Practice good personal hygiene consistent with public health protocols, such as frequent hand washing, appropriately covering coughs and sneezes (with my elbow, not my hand), use of hand sanitizers before and after leaving campus buildings, and wiping down surfaces myself when arriving at and upon leaving a communal or community space.
- Respond cooperatively and respectfully to reminders and provide gentle reminders to those who appear in need of them.
- Follow instructions if I test positive for COVID-19 and am required to isolate, or if I learn that I have come into close contact with someone who has tested positive for COVID-19 and am required to quarantine.
- Seek testing for COVID-19, as directed by the camp.
- Be responsible & compassionate through my actions & reactions if there is a case of COVID-19 in the ADTC community.
- Limit contact with others, especially high-risk individuals, for at least two weeks after returning home from camp.

To provide everyone on campus with a reasonable sense of security, we must all agree - and know that everyone else at camp has agreed - to abide by certain behavioral guidelines. These guidelines are current as of 3/31/21 and may be modified and further specified over time as changes require.

I understand that my failure to adhere to the ADTC COVID-19 Prevention & Family Code of Conduct may put others at considerable risk, and - if nothing else - places peers and ADTC staff in the unwelcome position of policing my behavior. If I am unable to honor my pledge, I understand that I will have forfeited the privilege of remaining at camp, and, in order to promote health and safety, ADTC may take action to prohibit me from participating in any in-person camp activities.

Camper's Signature _____

Date: _____

Parent/Guardian Signature _____

Date: _____

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We are planning a positive return to our dance classes and activities programming with modifications in place that prioritize health, safety and well-being. Campers will be expected to:

- Practice physical distancing (and wear a mask when distancing from other cohorts is not possible)
- Wash hands thoroughly & regularly
- Use individual equipment and clean any shared equipment in between uses
- Use individual water bottles and not share any food

We will still have the all-camp team events & Friday Show we love so much! But we may move these larger events outside with our marley dance floors, under tents. For activities that require transportation, masks will need to be worn on board (and the cost may be increased due to needing more buses to transport different cohorts).

We'll offer fun on-site "field trips" and experiences as alternatives to any afternoon excursions we may need to cancel.



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ADTC overnight camps will operate with enhanced policies & procedures in 2021 to protect the health and safety of our campers & staff, while still fostering a sense of safety, belonging and inclusion among our campers.

Dance teams will live together as a family unit in a hallway of the dorm. As such, campers in the dorms will be permitted to have close contact (less than six feet, possibly unmasked depending on location/facility requirements) with one another while in their hallway. Campers will have a roommate and will also share a bathroom (with appropriate distancing) with other campers in their cohort.

Campers will eat breakfast, lunch and dinner together as a “family” with their cohort at staggered times and with physical distance between cohorts. This family unit approach to overnight camp life will reduce campus contacts and support community building.

ADTC Staff will help teach, promote and enforce new policies in the dorms around hygiene and cleanliness. Our plan includes the ability to quarantine campers on campus for short or long periods of time, if needed, with all of the necessary resources to care for their health, safety, and emotional well-being.

We look forward to working closely with our campers to design activities and create programming to ensure that, despite whatever challenges we may encounter, ADTC’s overnight camp experience remains nurturing, supportive, and FUN during this challenging time!

HEALTH AND SAFETY

- All buildings will be sanitized and deep cleaned prior to the start of camp.
- Masks will be mandatory in all buildings and outside when unable to social distance.
- Materials will not be shared, when possible.
- Windows & doors will be opened in buildings, when possible, to increase ventilation.
- Classes/activities will be moved outside whenever possible.
- Increased hygiene protocols will be added, including additional handwashing stations, hand sanitizer dispensers, disinfectant wipes, disposable towels, and disinfectant spray.



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Will campers need to be tested for COVID-19 prior to coming to camp?

Yes, we anticipate we anticipate 1) asking all families to provide us with a negative PCR test the week before camp, and 2) having our nurse administer rapid antigen tests (15 min results) to all campers/staff during health screenings at check-in. We're excited to be working with Crest Diagnostics, a company that provides COVID testing programs for overnight camps. We will provide specific details at least one month before each session.

Will campers be required to be vaccinated prior to arrival at camp?

No. While we anticipate that most or all of our adult staff members will be vaccinated for COVID-19 prior to their arrival at camp, at this time it does not seem likely that vaccines will be available for children by summer.

What happens if my child tests positive the week before or upon arrival at camp?

If you cannot provide proof of a negative PCR test taken 72 hours before coming to camp & a negative rapid antigen (15 min results) upon arrival at camp, then your daughter will not be permitted to attend & your tuition will be rolled over to 2022. For this reason and for the safety of our community as a whole, we highly recommend 14 days of low-risk behavior (page 5) before camp.

Will my camper be screened daily?

Yes, health screening will occur every day for every camper & staff member. See page 6 for more info.

Will campers need to wear a mask at camp?

Yes, campers should be prepared to wear a mask during certain times at camp, such as when six feet of distancing from girls outside their cohort group cannot be maintained. Also, for activities that require transportation, masks will need to be worn on board (and the cost may be increased due to needing more buses to transport different cohorts). Campers will NOT need to wear a mask while participating in most camp activities, especially outdoors or with their cohort (as long as appropriate distance from other cohorts is maintained). See page 5 for more info.

Will we still have team events like Dance Idol & Dance Tech? What about the Show?

Yes! We will still have the all-camp team events & Friday Show we love so much! But we may require masks & physical distancing &/or move these larger events outside with our marley dance floors, under tents...

What if there's a positive test result at camp?

We will test & isolate any camper or staff member showing symptoms at camp. If a test is positive, parents will need to make arrangements to pick up the camper that same day. Once a camper tests negative and is asymptomatic for 24 hours, they may return to camp. We will have more specific quarantine and testing requirements for dance group cohorts and staff who were in contact with a COVID positive individual closer to camp.

Will I get a refund if camp is canceled or my child needs to come home early?

If a session is canceled by ADTC and a transfer to another ADTC session or location is not possible, we will refund all tuition paid or roll it over to 2022, as we did last year. If a camper needs to depart from camp early because of a positive COVID-19 test or because of a mandatory quarantine order, a prorated refund of tuition will be made or ADTC will apply a 100% Future Camp Credit.

Note - If you have concerns about your daughter attending camp this summer because she (or a family member) has underlying health issues, or because you don't agree with our current policies or possible changes we may need to make for the safety of our community, we urge you to consider postponing your ADTC registration until 2022. This year, more than ever, we need to be on the same team, with the same health & safety objectives heading into summer. Thank you so much for your cooperation, support, loyalty, and trust!

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Can you share more about food service?

As you might imagine, meals may look different this summer. Mealtimes may be shortened & staggered to accommodate smaller cohorts of campers dining, provide physical spacing and proper hygiene, and to ensure that we can accommodate all campers & staff. Self-service areas will be eliminated. Depending on the location, some "to go" options may be made available for pick up outside the dining area.

Will there be any changes to field trips & additional fee activities?

This will be determined location by location according to county regulations and expectations. We'll offer fun on-site "field trips" as alternatives to any afternoon excursions we may need to cancel.

Will there be restrictions for check-in / check-out or on-campus visitors?

Yes. For returning families, this process will look different this year. Campers will be assigned a check-in and check-out time determined by their designated cohort. Both check-in and check-out will be completed from your car (a curbside contact-less process!) and everyone must wear masks. ADTC staff will meet campers in parking lot & families will not be allowed in dorms.

Will my camper be able to carpool to camp with a friend's family?

We encourage parents to drive their camper to camp themselves this year. If carpooling is necessary, campers should wear masks, use fresh air through vents & open windows, and limit the number of people sharing a vehicle to three: two campers + one parent.

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After reading this document, you may have additional questions about the 2021 summer. To help answer some of your questions, we've created a COVID-19 & Peace of Mind page on our website. Given the changes anticipated in coming months, these FAQ responses will be updated as developments occur. The FAQs reflect ADTC's current policies and will be amended as needed in response to new circumstances - including adjustments based on any federal, state or county government mandates. If you have a question that we have not answered, please email Lindsey at L.fadner@danceadtc.com.

