



# American Dance Training Camp

The ULTIMATE Overnight Dance Camp!

[www.AmericanDanceTrainingCamp.com](http://www.AmericanDanceTrainingCamp.com)

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**Parents:** Please review the following sections with your camper.

## **Camp Policies**

All campers are responsible to the Camp Director and must abide by the rules set down for the benefit of all. Those not complying with the rules will be sent home without refund. ADTC camp policies are:

- Respect the camp, the SMS facility, all ADTC faculty and fellow campers
- ADTC is a positive place – teasing, making fun, demeaning, or putting down of others is not accepted
- Rudeness and profanity are not tolerated
- Tobacco products, alcohol, drugs, or weapons are not allowed at ADTC
- Cellular phones or similar devices are not allowed at ADTC
- Dorm rooms are to be cleaned and beds made by campers daily before the first dance class
- Campers are never allowed to leave the camp area unsupervised (includes those who drive themselves to camp)
- Campers will be held responsible for any intentional property damage
- 10:00pm Curfew – 10:45pm Lights Out

## **Behavior At Camp**

Our interest is to offer pleasant camp experiences and memories. Our staff will make every effort to provide a positive experience for your child.

It is not our intention to exclude any child. However, that need may unfortunately arise. Campers who cannot live within the rules of camp or who are adversely affecting the experiences of other children will be dismissed without refund. Parents are responsible to make arrangements for immediate pick-up. ADTC has a zero tolerance policy for inappropriate behavior.

It is essential that you communicate to your child that we do not accept behaviors such as violence, possession of weapons repeated profanity, disrespect, bigotry, inappropriate sexual behavior, drug or alcohol use, or any other unsafe behaviors that are potentially harmful. Campers must understand that a consequence of their behavior can mean dismissal from camp.

## **Away From Home**

Sleep-away camp offers an excellent opportunity for children to learn how to manage on their own and to take care of themselves, but it can also produce anxieties. The most outgoing child can suddenly feel scared and unable to cope while away from her parents. Campers also often feel guilty about leaving their parents behind.

Parents and children together should discuss their feelings about being separated for a week or more. Also, parents should take time to reflect privately - if you are not ready for your child to explore her independence, it will make it harder for her to feel like she has your permission to enjoy her time at camp.

Generally, as each day passes, campers feel better about being away from home and discover that not only are they capable of surviving without their parents, but that there are other adults who care and can help them manage.

Rest assured that campers who have cried at the beginning of the week because they wanted to go home have then cried again at the end of camp because they did not want to leave!

## **Safety Policies**

- Campers must attend all warm-ups and classes
- No gymnastics, trampoline or rock wall without an instructor
- Biking is only permitted with an instructor
- No camper is to leave school grounds without a counselor

## **National Emergency**

In the event of a national emergency and you are unable to contact the camp, be assured that we will care for each child as if she were our own until we can safely reunite her with you.